



CONSTITUTION

1. TITLE

The body shall be called “The European Lacrosse Federation” - (hereinafter referred to as “the ELF”)

2. AIMS and OBJECTIVES

2.1 To develop and maintain all forms of Lacrosse throughout Europe

2.2 To undertake to support and foster the standards of play as may be laid down, from time to time, by The Federation of International Lacrosse or such other successor body as may be formed

2.3 To provide means of communication between all European Lacrosse playing and developing Associations.

2.4 To provide, wherever possible, assistance to the forming of any new Lacrosse Association or Federation in Europe.

2.5 To foster goodwill and fellowship through Lacrosse in Europe

3. MEMBERSHIP

3.1 Membership shall be open to any European Country playing any form of Lacrosse (Women’s, Men’s Field, Men’s Box, Intercrosse, Pop Lacrosse and any other forms of Lacrosse as may develop from time to time).

3.3 Membership may be conferred by a resolution passed by a majority of at least two thirds of those present and entitled to vote at a General Meeting.

3.4 All members joining the ELF shall be deemed to accept the terms of this Constitution.

4. OFFICERS

4.1 The Officers of the Federation shall be:

- a) President
- b) Vice - Presidents (Men’s Lacrosse / Women’s Lacrosse)
- c) Honorary Secretary
- d) Honorary Treasurer

4.2 The Officers and others as appointed from time to time by the Officers shall form the Executive Committee to manage the ongoing affairs of the Association in between meetings of the Full Committee.

4.3 The Executive committee may appoint from time to time others to supplement the Executive committee for the purpose of special projects or events. Persons selected for such appointments shall not have voting powers at any meeting of the Executive Committee.

4.4 If the post of any officer or ordinary committee member should fall vacant after an election, the Executive Committee shall have the power to fill the vacancy until the succeeding Annual General Meeting. All Executive Committee members must be members of the European Lacrosse Federation.

4.5 The Full Committee shall comprise of up to five Officers (4.1 a)-d) above) and two representatives nominated by each member Association. This is subject to 7.1 below.

4.6 The President shall be elected at a General Meeting and should not hold office for a period not exceeding two years.

4.7 Dispensation on the time limit may be agreed at a General Meeting of the Full Committee with two thirds of those in attendance and eligible to vote, together with any proxies held, voting in favour.

4.8 The Vice - Presidents shall be elected at a General Meeting and be eligible for re-election each year.

4.9 The Hon. Secretary and the Hon. Treasurer shall be elected at a General Meeting and be eligible for re-election each year.

4.10 Nominations for Officers of the Executive Committee should be received by the Hon. Secretary four (4) weeks before, and to be distributed to all members by the Secretary, at least two (2) weeks before any General Meeting.

4.11 Each member Association or Federation may nominate delegates to attend all General Meetings of the Association

5. MEETINGS

5.1 General meetings of the ELF shall be held annually and preferably within 12 months of the previous meeting. The time period between meetings must not exceed 14 months.

5.2 Executive and Extraordinary General Meetings shall be held as needed and will be called by either the President or the Honorary Secretary.

5.3 An Extraordinary General meeting shall be convened within six (6) weeks of receipt of a written request (to the Hon. Secretary) signed by at least three (3) fully paid up member countries of the Federation.

5.4 The President shall act as Chairperson at all meetings of the Federation. In his/her absence the Vice- President shall so act. In the absence of both then those present at the meeting shall appoint a Chairman to act for that duration of the meeting.

5.5 All officers and members shall be advised of the venue, date and agenda of Federation meetings at least two (2) months prior to the meeting. In general the date and venue (Country / City, and approximate timing), of the next meeting shall be determined at each meeting of the Federation. Meetings will generally be held at the same time as any European Championship or other lacrosse related event where a majority of members are likely to be in attendance.

5.6 Members must advise the Hon. Secretary the names and contact details for their delegates for each meeting at least 14 days before the first date of that meeting.

5.7 At least 14 days' notice and the Agenda shall be given to all voting members of any General Meeting. No business shall be conducted unless fair notice thereof is contained in the Agenda.

5.8. Any vote at any meeting shall be decided by a simple majority (more than fifty percent (50%)), of those in attendance and eligible to vote together with any proxy votes that the Hon. Secretary has received the requisite notice.

6. FINANCE

6.1 Member countries shall be responsible for its own expenses, including insurance, when attending any meetings of the ELF or when participating in any European Competitions or events organised or sanctioned by the ELF.

6.2 Individual member Associations or Federations are responsible for the costs of their representatives appointed as Officers of the ELF.

6.3 A joining member new to the ELF shall be entitled to the first year free of any subscription. Each member country shall pay annually to the ELF a membership fee of fifty (50) Euros rising to one hundred (100) euros in year three.

6.4 The Treasurer before the 1st of January each year will invoice all member countries and the annual subscription shall be payable by 31st March in that year.

6.5 The Full Committee shall have the authority to increase or decrease the annual membership fee and also the power to waive the annual fee from any Association or Federation

6.6 In exceptional circumstances the ELF Executive shall also have the authority and discretion to support members as needed by varying the subscription rate having regard to the financial situation of the member country concerned.

6.7 The Full Committee shall have the authority to strike from the membership any Association or Federation whose annual membership fee has not been paid by the due date. Any member so removed struck off shall be entitled to re-apply for membership after paying all outstanding dues.

6.8 The ELF will operate with a Financial Year commencing on January 1st and ending on the following December 31st.

6.9 The Hon. Treasurer shall be responsible for keeping accounting records sufficient to show and explain the Federation's transactions and to disclose at any time the financial position of the Federation. He/She shall prepare and present for consideration at every General Meeting of the Federation an Income and Expenditure statement and a balance sheet for each financial year and for the current year to date.

7. VOTING

7.1 At any General Meeting only two delegates from any one country which is a fully paid up member country may vote, including where a proxy vote is appointed that proxy voting member country must also be fully paid up.

The intent is that there will be one delegate to represent the Women's and one to represent the Men's Lacrosse sector in the member country. To be entitled to this representation (one for each sector) there must be bona fide programmes existing in the member country and regular participation in ELF Championships / Events. In any instances of doubt or concern the decision on representation or otherwise will rest with the Executive Committee and be subject to appeal to the Full Committee.

7.2 Each country shall be responsible for identifying (and advising to the Hon. Secretary) its two voting delegates.

7.3 The President is not entitled to a deliberative vote but is entitled to one (1) casting vote at Federation Meetings.

7.4 The Vice - Presidents, Hon. Secretary and Hon. Treasurer are not entitled to vote at any meeting of the Federation unless they are also one of the two voting delegates from their own country.

7.5 In the absence of a delegate to any meeting a member body may appoint a proxy voting delegate to represent it. (To be valid the Hon. Secretary must be advised, in writing, in advance of the meeting, of the name of the proxy holder by the member being represented). The proxy voting delegate must be representing a fully paid up member country.

7.6 The definition of "in writing" will include a letter or fax signed by an Officer of the member body or e-mail originating from an Officer of the member body

7.6 A quorum at any meeting will be a minimum of two-thirds of the membership represented in person or proxy votes held.

7.8 Any change to the Constitution shall require a two thirds' majority of those present, eligible to vote and voting at a General Meeting, including proxy votes.

7.9 A proposal to change the Constitution must be submitted in writing to the Secretary who shall circulate the proposal to all members and allow seven days for submission of any amendments to the proposal before calling a meeting in accordance with rule 5.3 above.

7.10 All proposals for changes to the Constitution shall be signed by two members eligible to vote at a General Meeting.

8. POSTAL VOTES

8.1 In view of the geographical spread of members and the time between annual meetings it may be practicable and efficient to determine the views of members by a postal vote. As it is not possible to precisely define the occasions when such a procedure will be appropriate. The executive committee shall use its discretion whether or not to use a postal vote.

8.2 Should any member country have a reason to require the ELF to hold a postal vote, that member shall outline the reason in writing and that request must be supported in writing by two other member nations all of whom must be fully paid up.

8.2 On all occasions when a postal vote is required the Honorary Secretary will notify all members of the reason for a postal vote, provide necessary information to members, specify the timescale for the circulation of the information and the time and date by which time a postal vote shall be received.

8.3 When a time and date has been notified to members for a response to a postal vote, if any member does not reply by the time and date specified then that member will be deemed not to have voted.

8.4 In respect of postal votes, members will be unable to appoint a proxy vote.

9. ADMINISTRATION

9.1 The Executive Committee, (See 4.2 above) shall undertake to organise all activities of the ELF.

9.2 For the present all meetings of the ELF and any correspondence shall be conducted in the English language.

10. GENERAL

10.1 The ELF shall undertake, each year, to target a country, which in the opinion of the Executive Committee shows possibilities for the development of Lacrosse. The action here will be undertaken in liaison with the Development Committee.

10.2 The ELF shall organise and assist the host nation with the necessary arrangements to be made to hold European Championships as agreed by the full Committee. All operational arrangements will be the responsibility of the host nation.

10.3 The ELF shall wherever possible use the players and officials, of the Championships, to coach and create participation among the local populace during the period of the tournament.

10.4 The Championships will be guided by a set of Championship Rules / Playing Regulations which will be regarded as a set of By Laws associated with this Constitution (and as such subject to the same conditions for amendment).

11. PLAYING RULES

11.1 The playing rules used will be as laid down by the FIL, BOX and Intercrosse or such other successor body as may be formed

12. ELIGIBILITY CRITERIA

12.1 The Player and Official eligibility criteria for participation will be as laid down by the Federation of International Lacrosse or such other successor body as may be formed.

13. DISSOLUTION

13.1 The Federation shall not be dissolved except by a two thirds majority Resolution of all members voting in person or by proxy at a meeting of the Federation.